

### **WOMEN'S AND CHILDREN'S MEDICINE**

- De Bairacli-Levy, J., *Nature's Children*, Ashtree Publications, 1997  
\*McIntyre, A., *Complete Women's Herbal*, Henry Holt Pub. (out-of-print)  
McIntyre, A., *The Herbal for Mother & Child*, Element (out-of-print)  
Nissim, R., *Natural Healing in Gynecology*, Pandora (out-of-print)  
Riddle, J., *Eve's Herbs, A History of Contraception and Abortion in the West*, Harvard Univ. Press, 1997  
\*Trickey, R., *Women: Hormones and The Menstrual Cycle*, Allen & Unwin, 1998  
Weed, S., *Wise Woman Herbal for the Childbearing Year*, Ashtree Publications, 1985  
Weed, S., *New Menopausal Years*, Ashtree Publications, 2001  
Weed, S., *Breast Cancer? Breast Health!*, Ashtree Publications, 1997

### **CHINESE HERBAL MEDICINE**

- Bensky D. & Gamble, A., *Chinese Herbal Medicine—Materia Medica*, Eastland Press, 1993  
\*Kaptchuk, T., *The Web That Has No Weaver*, Congdon & Weed, New Edition, 2003  
\*Maciocia, G., *The Foundations of Chinese Medicine*, Churchill Livingstone, 1989  
\*Chen, J.K. & Chen, T.T., *Chinese Medical Herbology and Pharmacology*, Art of Medicine Press, 2004

### **DIAGNOSTICS**

- Any older (1940s or earlier) *Text on Physical Diagnosis*  
\*Flaws, B., *The Secret of Chinese Pulse Diagnosis*, Blue Poppy Press, 1997  
\*Kirschbaum, B., *Atlas of Chinese Tongue Diagnosis Vol. 1 & 2*, Eastland Press, 2000  
Jamison, J., *Differential Diagnosis For Primary Practice*, Churchill Livingstone, 1999  
Maciocia, G., *Tongue Diagnosis in Chinese Medicine*, Churchill Livingstone, 1995  
Orient, J., *Sapira's Art & Science of Bedside Diagnosis*, Lippincott Williams & Wilkins, 2000  
Scudder, J.M., MD, *Specific Diagnosis*, Eclectic Med. Pub.  
Tietao Deng, *Practical Diagnosis in Traditional Chinese Medicine*, Churchill Livingstone, 1999

### **EDIBLE/USEFUL PLANTS**

- Couplan, F., *The Encyclopedia of Edible Plants of North American*, Keats, 1998  
Peterson, L., *Field Guide to Edible Wild Plants*, Houghton Mifflin, 1982  
*Stalking the Wild Asparagus* & any other books by Euell Gibbons

### **ETHNOBOTANY**

- Densmore, F., *How Indians Use Wild Plants for Food, Medicine and Crafts*, Dover, 1974  
Gilmore, M.R., *Uses of Plants by the Indians of the Missouri River Region*, Univ. of NE Press, 1991  
Moerman, D., *Native American Ethnobotany*, Timber Press, 1998  
Schultes, R.E. & von Reis, S., *Ethnobotany - Evolution of A Discipline*, Timber Press, 1995  
Vogel, V.J., *American Indian Medicine*, Univ. of OK Press

### **FIELD GUIDES/BOTANY**

- Arora, D., *Mushrooms Demystified*, Ten Speed Press, 1986  
Newcomb, L., *Newcomb's Wildflower Guide*, Little, Brown & Co., 1989  
*New Britton & Brown Illustrated Flora* (textbook of NE USA plants)  
*Peterson's Field Guide to Wildflowers*, Houghton Mifflin  
Zomlefer, W., *Guide To the Flowering Plant Families*, Univ. of NC Press, 1995

### **HERB CULTIVATION**

- Cech, R., *Growing At-Risk Medicinal Herbs*, Horizon Herbs, 2002  
Sturdivant, L. & Blakely, T., *Medicinal Herbs in the Garden, Field & Marketplace*, Bootstrap Guide, 1999  
Hartung, T., *Growing 101 Herbs That Heal*, Storey Books, 2000

### **HERBAL MEDICINE**

- \*Bartram, T., *Encyclopedia of Herbal Medicine*, Grace Pub., 1995  
\*Bone, K., *Clinical Applications of Ayurvedic & Chinese Herbs*, Phytotherapy Press, 1996  
\*Ellingwood, F., MD, *The American Materia Medica, Therapeutics and Pharmacognosy*, Eclectic Med. Pub.  
\*Felter, H.W., *The Eclectic Materia Medica, Pharmacology and Therapeutics*, Eclectic Med. Pub.

- \*Felter, H.W., Lloyd, J.U., *King's American Dispensatory* (2 vol.), Eclectic Med. Pub.  
 Green, J., *The Male Herbal*, Crossing Press, 1991  
 Grieve, M., *Modern Herbal* - Vol. I & II, Dover Pub.  
 \*Hoffman, D., *Medical Herbalism*, Healing Arts Press, 2003

### **HERBAL MEDICINE(con't)**

- \*Kuhn, M., Winston, D., *Herbal Therapy & Supplements, A Traditional & Scientific Approach*, Lippincott, 2001  
 Menzies-Trull, C., *Herbal Medicine, Keys to Physiomedicalism*, [by author], 2003  
 \*Mills, S. & Bone, K., *The Principles and Practice of Phytotherapy*, Churchill Livingstone, 1999  
 \*Moore, M., *Medicinal Plants of the Desert & Canyon West*, Museum of NM Press, 1989  
 \*Moore, M., *Medicinal Plants of the Mountain West*, Museum of NM Press, 2<sup>nd</sup> edition, 2003  
 \*Moore, M., *Medicinal Plants of the Pacific West*, Red Crane Books, 1993  
 \*Moore, M., *SWSBM Study Guides* (can be downloaded for free from his website)  
 \*Skenderi, G., *Herbal Vade Mecum*, Herbacy Press, 2003  
 Tillotson, A., *The One Earth Herbal Sourcebook*, Kensington Pub., 2001  
 Upton, R. [Ed.], *American Herbal Pharmacopoeia & Therapeutic Compendium*, AHP (individual monographs on herbs)  
 \*Weiss, R., *Herbal Medicine-Classic Edition*, Thieme, 2002  
 \*Yance, D., *Herbal Medicine, Healing & Cancer*, Keats, 1999

### **HISTORY**

- Berman, A., Flannery, M., *America's Botanical-Medical Movements-Vox Populi*, Pharmaceutical Products Press, 2001  
 Van Der Zee, B., Griggs, B., et al, *Green Pharmacy*, Inner Traditions Limited, 1997  
 \*Haller, J., *Medical Protestants-The Eclectics in American Medicine 1825-1939*, So. IL Univ. Press, 1994  
 \*Haller, J., *Kindly Medicine-Physio-Medicalism in America 1836-1911*, Kent State Univ. Press, 1997  
 \*Haller, J., *The People's Doctors-Samuel Thomson and the American Botanical Movement, 1790-1860*, Southern IL Univ. Press, 2000

### **HYDROTHERAPY & NATUROPATHY**

- Boyle, W., Seine, A., *Naturopathic Hydrotherapy*, Buckeye Naturopathic Press  
 Kneipp, S., *My Water Cure*, Kessinger Pub. Co., 2003  
 Kirchfeld and Boyle, *Nature Doctors*, Medicina Biologica, 1994 (history of naturopathy)  
 \*Messegue, M., *Of Men and Plants (Of People and Plants)* (hand and foot baths)  
 Yarnell, E., N.D., *Naturopathic Urology and Men's Health*, Healing Mt. Pub., 2000  
 Yarnell, E., N.D., *Naturopathic Gastroenterology*, Healing Mt. Pub., 2001

### **MEDICAL BOOKS**

- A good medical dictionary such as Dorlands, Tabors, etc.  
*Merck Manual* (latest edition)  
 Pagana & Pagana, *Mosby's Diagnostic & Laboratory Test Reference* (current edition)  
 Peyer, L., *Medicine and Culture*, Owl Books, 1996  
*Physician's Desk Reference* (PDR) or similar drug reference  
 Silbernagl, S., Lang, F., *Color Atlas of Pathophysiology*, Thieme, 2000

### **MEDICINAL FUNGI**

- \*Hobbs, C., *Medicinal Mushrooms*, Botanica Press, 1995 (out of print)  
 Stamets, P., *Mycomedicinals*, MycoMedia, 2002

### **NUTRITION**

- Colbin, A., *Food & Healing*, Ballantine, 1986  
 Erasmus, V., *Fats That Cure, Fats That Kill*, Alive Books, 1993  
 Haas, E., MD, *Staying Healthy with Nutrition*, Celestial Arts, 1992  
 \*Price, W., *Nutrition and Physical Degeneration*, Price Pottenger Foundation, Santa Monica, CA  
 \*Mars, R., *Medical Nutrition From Mars*, Omni Press, 2<sup>nd</sup> ed., 1999  
 Wehrbach, M., Moss, J., *Textbook of Nutritional Medicine*, Third Line Press, 1999

### **VETERINARY MEDICINE**

- De Bairacli-Levy, J., *Complete Herbal Handbook For The Dog and Cat*, Faber & Faber, 1991  
 De Bairacli-Levy, J., *Complete Herbal Handbook For Farm and Stable*, Faber & Faber, 1991  
 Schoen, A., Wynn, S., *Complementary and Alternative Veterinary Medicine*, Mosby, 1998

Wulff-Tilford, M., Tilford, G., *Herbs for Pets*, Bowtie Press, 1999

## **PHARMACOGNOSY**

Bruneton, J., *Pharmacognosy, Phytochemistry, Medicinal Plants*, Intercept, Ltd., 2<sup>nd</sup> ed., 1999  
Samuelson, G., *Drugs of Natural Origin*, Swedish Pharmaceutical Press, 1992

## **\*Highly Recommended**

## **AUDIO TAPES OF HERBAL CONFERENCES**

Tree Farm Communications, 23703 N.E. 4th Street, Redmond, WA 98053, 800-468-0464

## **INTERNET RESOURCES**

American Botanical Council <[www.herbalgram.org](http://www.herbalgram.org)>  
American Herbalists Guild <[www.americanherbalist.com](http://www.americanherbalist.com)>  
Bastyr University Herbal Medicine Center <[www.healthy.net](http://www.healthy.net)>  
Henriette's Home Page <[www.ibiblio.org/herbmed](http://www.ibiblio.org/herbmed)>  
Herbal Hall <[www.herb.com](http://www.herb.com)>  
Herb Med <[www.herbmed.org](http://www.herbmed.org)>  
Medical Herbalism <[medherb.com](http://medherb.com)>  
Michael Moore's Home Page <[www.swsbm.com](http://www.swsbm.com)>  
Soaring Bear's Herb Medicine & Science Hub <[www.sbear.webhostme.com](http://www.sbear.webhostme.com)>  
United Plant Savers <[www.unitedplantsavers.org](http://www.unitedplantsavers.org)>

## **JOURNALS & NEWSLETTERS**

*AHA Newsletter*, P.O. Box 1673, Nevada City, CA. 95959  
\**HerbalGram*, American Botanical Council, P.O. Box 201660, Austin, TX, 78720-1660  
\**Medical Herbalist*, P.O. Box 20512 Boulder, CO 80308  
\**Journal of the American Herbalists Guild*, 1931 Gaddis Rd., Canton, GA, 30115

## **RECOMMENDED ORGANIZATIONS**

American Herbalists Guild, 1931 Gaddis Rd., Canton, GA 30115  
All students are strongly urged to become general/student members as this is our organization.

United Plant Savers, P.O. Box 98, East Barre, VT 05649  
An organization dedicated to preserving medicinal plants, founded by Rosemary Gladstar. A very important group for herbalists to belong to.

## **SOURCES FOR HARD-TO-FIND BOOKS**

David's books and tapes, as well as G. Skenderi's *Herbal Vade Mecum*, can be purchased through Herbalist & Alchemist, Inc., (908) 689-9020, [www.herbalist-chemist.com](http://www.herbalist-chemist.com), [sales@herbalist-chemist.com](mailto:sales@herbalist-chemist.com)

Eclectic Medical Publications – publishes classic Eclectic medicine reprints. 36350 SE Industrial Way, Sandy, OR 97055, (800) 865-1487, [www.eclecticherb.com](http://www.eclecticherb.com), [books@eclecticherb.com](mailto:books@eclecticherb.com)

Christopher Menzies-Trull – physio-medical text. 16 Grosvenor Rd., Newcastle, Staffs, ST5 1LW, England,

Herbalist and Alchemist Books – antiquarian, out-of-print, and rare books on herbal medicine, Ethnobotany, Eclectic & Thomsonian medicine, etc. P.O. Box 553, Broadway, NJ 08808, (908) 835-0822. [www.herbaltherapeutics.net](http://www.herbaltherapeutics.net), [dwherbal@nac.net](mailto:dwherbal@nac.net)

Healing Mountain Publishing – Eli Jones reprint and naturopathic texts. 245 N. Chelan Ave., Wenatchee, WA 98801, (206) 892-0416, [www.healingmountainpublishing.com](http://www.healingmountainpublishing.com)

Redwing Book Company - an excellent source of books on TCM and CAM medicine. 202 Bendix Dr., Toas, NM 87571, 1-800-873-3946, [www.redwingbooks.com](http://www.redwingbooks.com).