

BULLETIN No. 6

ISSUED MONTHLY

A JOURNAL
— OF —
**THERAPEUTIC
FACTS**
FOR THE
BUSY DOCTOR

ELI G. JONES, M. D., Editor
Burlington, N. J.

W. E. BREMSER, M. D., Pub.
1525 Franklin Ave., St. Louis, Mo.

St. Louis, Mo., April 1, 1913

Our Association

is a Grand Brotherhood, composed of the best, the brainy men of all schools of medicine; men who want the best there is in medicine; men who are d o i n g things in their profession, whose heart and soul are in the work of saving human life.

This is a call for every man who loves his fellow-man and his profession, and who wants to do his whole duty by his patient. We want you with us! Will you come and will you do it now.

Membership Fee, only \$2.00

EDITORIAL.

NOTES FROM THE FIRING LINE.

On Sunday, Feb. 23, by invitation of Dr. W. C. Goodwin, 3740 Powelton Avenue, Philadelphia, Pa. (one of our members), with another Physician, I visited his office. We saw and examined 12 cases of Consumption-some of whom were cured by Dr. Goodwin's treatment, others were improving under his remedies. A faithful record of all cases is kept, with history of each case, and diagrams showing area of lung affected by the disease. Some of the cases that he has cured were turned away from sanitariums where they claimed to cure this disease, as incurable.

Dr. Goodwin is doing splendid work in his specialty, and he is an honor to our Association. At our next Convention at Poughkeepsie he will give us a full explanation of his treatment, and have cases there that he has cured.

* *

Dr. A. J. Johnson of Muscogee, Fla., had a case of La Grippe he cured in an old man 102 years old. A child Of 10 months, with Pneumonia. he also treated successfully. This is a pretty good proof of what "Definite Medication" will do in the extremes of life.

* *

Dr. S. H. Starbuck, Seattle, Wash., is Pollee Surgeon, also a member of Pension Board; he has been a good friend of our Association and has brought in several new members.

**

Dr. C. C. Waggoner, Corry, Pa., reports case of Chronic Diarrhea, of six months' standing, in a doctor's wife. It seems that four doctors had tried to help her and failed. Her symptoms were "burning in abdomen, great prostration after every movement of the bowels. Arsenicum 3x was the remedy indicated, and it cured her.

**

Dr. C. S. Carr, Editor Columbus, Ohio, Medical Journal, another of our members, reports splendid success - with the "Tissue Remedies." Dr. Carr has some good words for our Association in February number of his Journal.

**

Dr. W. G. Jefferson, Portland, Me., reports good success with case of Cancer of the Bowels, near the sigmoid.

**

Dr. A. S. Tuchler, San Francisco Cat., has two cases of Cancer of the Stomach doing well under his treatment.

**

Dr. Fred Carter, Plainfield, Vt., reports case of old lady, 93, whom he cured after other doctors had given her up to die. The doctor is fall of business and is - doing things in old Vermont.

**

Dr. Allston L. Fogg, Underhill Center, Vt., reports case Pneumonia In old lady, 68, complicated with left-side Goitre; also similar Case complicated with Asthma in a lady over 60; also another case in a lady of 72. He saved the lives of all three cases of pneumonia. It Is a splendid thing to be able to save the lives of all these veterans in the battle of life. It shows what "Definite Medication" will do for the old folks.

**

Dr. Bremser, our Secretary, reports case of Pneumonia in old gentleman of 91, whom the family had given up to die, Mercurius 30x was the remedy indicated in that case, and it restored him to health. Dr. Bremser has worked hard and faithfully for our Association. He attended to his big correspondence when suffering from blood-poisoning in his hand. It required some nerve to do that, but his heart Is in the work of building up the Association.

**

Dr. Horace R. Powell, Poughkeepsie, N. Y., reports several cases of Cancer under his treatment. The doctor Is building up a splendid reputation in the medical treatment of Cancer, and will be heard from in the Empire State.

**

Last fall they had an epidemic of Small Pox in Carbondale, Pa. Dr. E. T. Robinson, one *at* our members, took charge of the cases. Out *at* 103 cases of the disease that he treated he reports no deaths. The doctor is not as tall as some men, but when it comes to prescribing for the sick he is "all there," He reminds me of what the girl said about her beau: "He was little, but ob my!"

**

Dr. O. A. Johnson, Kansas City, Mo., is an old-timer in the medical treatment of Cancer, one who has made good in the treatment of this disease, and is a member of our Cancer Commission.

**

The name of Dr. Horace R. Powell has been added to our "Cancer Commission."

**

Our Vice-president, Dr. G. C. Young, is quite sick in hospital at Easton, Pa_ We hope for. his speedy recovery.

**

A physician's usefulness in any community depends solely upon his ability to heal the sick. His reputation depends upon the cures that he makes, and not his failures. Our members fully realize that fact. and the reports I get from them every day show that they are making good in healing the sick. Cicero, the Roman orator, said: "In nothing do men Come so near the Divine as in giving health to their fellow-men. With God's help, let us all re. solve to do our whole duty by our patients and not be satisfied with anything less than that.

SOME FACTS TO BE REMEMBERED.

In Consumption when the disease is pretty well advanced there is a watery transparent appearance to the eye; the white of the eye has a pearly tint. but as the lung takes on the healing process the pearly tint gradually fades away from the white of the eye and you know that your patient is getting better. The pulse of Consumption is accelerated, full, soft and Compressible. Indigestion is usually present in this disease. Remember that the tongue is a "mirror" of the stomach it tells you the condition of the stomach as plainly as if you saw it with your own eyes. If the tongue has a thick, yellowish coating on it, it shows very plainly that the stomach is not digesting the food and if the patient does not digest his food he can't make good blood, and cannot gain in strength. This applies not only to Consumption, but to other diseases as well. Watch the pulse, the eye and the tongue, then you will know the condition of your patient and what is going on in the system.

Remember that Kali Mur. 3x is the remedy in the second stage of pneumonia hepatization; 10 grains in goblet of water, teaspoonful once in half an hour. It not only removes plastic exudation, but it is a thermal sedative. It keeps the cough loose. You can depend upon this remedy to do the work. In Meniere's disease with vertigo, deafness and noises in the ears: Sodium Salicylate 3x is the remedy, three tablets three times a day.

Old people often complain of cramps in their toes and legs at night. Cuprum 30x is the remedy, 2 grains at bedtime.

An irregular, weak, discouraged feeling to the pulse shows some strain upon the brain or nervous system. Then Kali Phos. 3x is the remedy, and give three tablets once in three hours. The use of serums in the treatment of the sick is increasing the deaths from heart disease in this country. In Syphilis there is already one poison in the system; Nature is trying her best to get rid of it. Instead of helping her to get rid of it, we inject another poison, 606, into the system, then Nature makes still another effort to rid herself of the two poisons. As a result the heart is overworked, the machine is being driven beyond the safety limit. In reading the pulse of such cases, I find an artificial pulse; it gives an impression of a power behind the heart that is driving it to its own destruction. This also applies to other cases where a serum is used. No wonder the deaths from heart disease have nearly doubled in ten years in the U. S. What Dr Benjamin Rush said many years ago applies to our profession today: "We have multiplied disease; we have increased their mortality. We, as a profession, should remember that our business is not to make diseases, but to heal the sick.

C 51 GASTRIC ULCER.

In Gastric Ulcer use China 3x, 1 dram to 4 ounces of water, and give teaspoonful everyone to three hours for the debility from loss of blood. For the severe pain in the epigastrium, give one half dram of Glycothymoline 25 per cent) every 15 minutes till relieved.

C 52 APPENDICITIS.

In the beginning of an attack of Appendicitis use a saline, of one ounce of castor oil, together with an enema, if necessary. During an attack of Appendicitis the following prescription will usually be indicated: Aconite, 10 gts.; Bryonia, 10 gts.; Colocynth, 5 gts., in 4 ounces of Glyconda. Give one dram every 15 minutes to one hour, according to the amount of fever and pains. In the more chronic form, with dull pain in the right side, with adhesions, give Kali Mur. 3x, three tablets every two hours. In all cases of Appendicitis the ice-bag is positively harmful.

C 53 ECLAMPSIA PUERPERALIS.

Whenever pregnant women are approaching puerperium time with albuminous and offensive urine, face flushed and swollen, pupils dilated and accompanied with edematous limbs, give 20 grains each of Bromide and Nitrate of Potassium in two ounces of water every three hours for several days. This is specific for preventing Eclampsia.

C 54 SENILITY (PREMATURE).

In premature senility Chromium Sulphate holds a place of pre-eminence. However, only by a continuous use of the same for a period of several months can you expect permanent results. It should only be given after meals in 4 to 12 grain doses. It also relieves impotency of the aged, and insures sleep to the sleepless; also the trembling so noticed in these cases will cease.

C 55 LARYNGITIS.

Rumex Crispus will relieve many of the coughs which are provoked by the presence of gases, and the seat of irritation seems to be immediately beneath the upper end of the Sternum. Use the tincture in drop doses every hour.

C 56 ORCHITIS.

Belladonna leaves crushed, one ounce folded in napkin, then dipped in hot water; wring and apply around the testicle. Support on folded blanket. Use internally, Sp. Phytolacca, 20 gtts. to 4 oz. of water, and give teaspoonful every three hours.

C 57 COMA.

For Coma from any cause the following prescription will relieve:

Ext. Belladonna, gr. I-10th Digitalin (German), gr. 1-67th Silver Oxide (fresh), gr. I-4th Bismuth Sub-Nit., grs. 3 M. For one capsule, and give one such every four hours.

C 58 IMPETIGO CONTAGIOSA.

Hydrargyri Ammoniati, grs. 15 to Ung. Aquae Rosae one ounce. M. Apply to eruption after removal of crusts.

C 59 LEG ULCERS.

Equal parts of Bovinine and water with a few drops of Oil of Sassafras as an application, has cured all recent ulcers of the leg for me, to stay cured, unless they are of syphilitic in origin; when they may require Scarlet Red ointment and Specific internal treatment to prevent their recurrence.

C 60 GOUT.

For gouty attacks, Sodium Salicylate and Potassium Iodide, 5 grains of each every two hours in half glass of water, gives rapid relief of all the symptoms of the attack.

C 61 PYLORUS CLOSURE.

This condition has been mistakenly determined as Angina Pectoris. There is more or less dyspnea, waist constriction, heavy sensation in the stomach, dull pain in the back opposite the pylorus and nervous pulsations of the heart. On an empty stomach ten drops of specific or Flex. Lobelia in a little water will relieve in eight minutes; it requires two or three doses if closure occurs after meals.

C 62 ACUTE INDIGESTION.

For those cases of acute dyspepsia with a feeling of pressure just beneath the Sternum and extending up into the throat, giving the sensation of a lump in the throat, give Carbo Veg. Ix., five tablets every two hours; cut down starch foods-bread and potatoes.

C 63 SORE LIPS.

Tr. Benzoin, 2 drams; Glycerine to make one ounce; mix and apply two or three times a day.

C 64 ANTISEPTIC OIL.

As wound dressing in pus cavities, use a mixture of equal parts of Gum Camphor, pure Phenol crystals and Chloral Hydrate, triturated to a clear liquid. Use this mixture in sterilized olive oil in 25 to 50 per cent strength and swab out pus cavities. Always use it in the oil, otherwise you will have Phenol absorption.

C 65 CHRONIC GASTRITIS.

In the chronic form of Gastritis of inebriates, use Sp. Dioscorea, 1 dram to water 4 ounces; give a teaspoonful every hour till relieved.

C 66 HEART STIMULATION.

Sparteine Sulphate is one of the best heart stimulants and is perfectly safe - it deserves wider usage, and has been disappointing from no other cause than that it has been given in too small dosage.

In urgent cases of Pneumonia, Shock, Collapse, and in rapid failing heart, due to unequal circulation, it will do more than any other remedy. In fact it is the only one that will give result in these cases. It may be given hypodermatically. Infants and small children can easily take one-twentieth to one tenth grain, and even larger doses are admissable. Do not expect result short of 2 grain doses in the adult. It is also a valuable diuretic, especially after operations

C 67 ERYSIPELAS.

Paint around the outer surface of the emption with pure Carbolic acid, taking up excess of same in a minute with alcohol to prevent spreading. Give internally Phenolphthalein to clean out the bowels and then give Calcium Sulphide to saturation of the system.

C 68 GALLSTONES.

Between attacks, give 5 grains Sodium Succinate four times a day for a long time, which will dissolve the stones.

C 69 ASTHMA.

Quick relief. is accomplished in most cases of asthma with the following mixture: Ammonium Car. grains 20, Flex. Grindelia half ounce, Pulv. Acacia 2 drams, Syrn Pruni Virg. 1 ounce, Aquae Cinnamon to make 4 ounces. Give tablespoonful every three hours.

C 70 UTERINE INERTIA.

I have found nothing that will stimulate slow or delayed uterine contractions or labor-pains as quickly as Pituitrin (P., D & CO.). It is put up in ampoules and is used with the ordinary hypodermic syringe.

C 71 CROUP.

Give Subculoyd Lobelia hypodermically in 20 to 30 drop doses, and at the same time give Abbott's Calcidin. Give enough. This is excellent.

C 72 FEVER BLISTERS.

They will disappear with the application of Sweet Spirits of Nitre like magic. Little things in medicine often count.

C 73 EPISTAXIS.

For this condition use Subculoyd Lycopus 10 to 20 gtts_, hypodermically; also pack nostrils with gauze saturated with Sol. Adrenalin. Sure thing.

C74 APPENDICITIS.

In Appendicitis alter the subsidence of the more acute symptoms, to restore equilibrium of circulation in the parts, I have had excellent results from the use of Strychnine Arsenate gr. 1-1341h and Hyoscyamine Amorphons gr_ 1-250th every two hours. using Magnesium Sulphate in small doses for its laxative effect.

C 75 BILIOUS EMESIS.

For bilious vomiting, I give one teaspoonful of table salt. It has never failed in the worst cases of persistent bilious vomiting_ It can be repeated in half an hour if really necessary. The results are immediate.

C 76 ACUTE NEPHRITIS.

When there is dull, heavy pains in kidney region and the urine is dark brown in color and an insufferable odor to it, use Benzoic acid 3x, and give 3 minims every two hours; it ,will change the color and relieve the pain.

C 77 SYCOSIS.

Barber's itch can invariably be cured by local applications of dilute Tr. Thuja. Wash the eruption off thoroughly once or twice a day with a very warm solution of Borax; after which apply the Thuja as stated. Six to ten days is sufficient for a cure. Seldom or never fails.

C 78 RHEUMATISM.

When the ankles and feet are swollen in this condition, pains are worse at night and can't remain in bed. There is no remedy that will relieve and cure this as quickly as Tr. Ledum, given in two drop doses, given every two hours.

C 79 PALPITATION.

In palpitation of the heart, with irregular pulse, a feeling of suffocation, worse by the least movement, with violent shaking or even contraction of all the muscles in the upper extremity, use Tr. Spigelia 15 gtt. in half glass of water, and give teaspoonful every half hour.

C 80 SPRAINS.

Hot solutions of Ammonium Chloride one ounce to a pint of water will prove one of the best things in sprained ankles. You will be able to strap the ankle in short time. Do not apply this solution if there are any abrasions.

C 81 HEADACHE.

Headache with irregular menstruation, coming in shocks, face feels as if flushed and pain in frontal region, which swings to top of head when stooping. Give Sepia 6x, three grains every hour.

C 82 THE SPECIFIC REMEDY.

The specific remedy and prophylactic for disease is intelligence and understanding. It is the only true remedy for disease. We must look for the cause of disease in the Stomach, the Nerves and the Lungs. All depends upon the action of these vital organs. Knowledge, not theories, is what the people want. The rights of millions, living and unborn, demand it.

C 83 SUPPURATION.

Sulphide of Calcium is a sure cure for all suppurating sores, unless the system is undermined by prolonged suppuration.

C 84 ASTHMA.

In asthma Tr. Sumbul and Tr. GeIsemium aa gtt. ten in wine glass of hot water every 15 minutes until relieved, Two or three doses are generally sufficient to relax the constructed bronchiales.

85 GASTRALGIA.

For gnawing, faint sensation in stomach that is relieved by eating, Anacardium is the remedy. Anacardium 3x half dram to water 4 ounces; teaspoonful every two or three hours.

86 HYSTERIA,

For the shortness of breath due to nervousness, common in women inclined to hysteria, give Bramide of Potash 5 grains every two hours until relief.

87 NEPHRITIS.

Your patient complains of backache, with heaviness, urinates every few minutes, but very little passes, though he feels no better, and leaves an aching, straining sensation. For this give the following, and it will relieve after a few doses:

Spts. Nitrosi Dulcis, 4 drams

Sp. Gelsemium, half dram

Sp. Gravel Root, 4 drams

Sp. Cannabis Ind., 1 dram

Syr. Orange, 2 ounces

Water to make 4 ounces.

Give teaspoonful every hour till better, then every two hours.

C 88 HEMORRHOIDS.

Use Tr. Aesculus Hippo, one gtt. in a little water before meals and at bedtime

C 89 MENOPAUSE.

For the hot flashes that occur at the menopause use Amyl Nitrate 10 percent solution in alcohol, and give one drop in water 4 times a day.

C 90 DEAFNESS.

Tr. Arnica, diluted one-half with water; a few drops in the ear twice a week will be of great benefit in long-standing cases of deafness.

C 91 COLIC.

When the babies complain of colic, give the nursing mother one grain pm of Asafoetida once a day for one week. For the baby: One scruple of Anise seed boiled in baby's milk will prevent colic.

C 92 EAR-ACHE.

Ear-ache in young or old. Warm a teaspoon by dipping into hot water; dry and pour in 5 drops of Sp. Plantago; tip this well into the Aural canal. Plug with cotton and repeat in six hours. This gives almost instant relief. Another good remedy is to take a clean clay pipe and fill the bowl half full of cotton and pour two drops of Chloroform on the cotton; then insert the stem of the pipe into the ear and blow into the pipe.

C 95 CARBUNCLE.

Inject from 10 to 20 drops of pure Phenol laterally through the base of tumor, plunging the piston of the hypodermic syringe home until you see the Phenol exuding from the openings. One treatment is usually sufficient. No more pain after the pain of the injection subsides. Then poultice till all diseased tissue has sloughed. You will be most agreeably surprised with the rapidity of the cure and the small loss of tissues and resultant slight scar.

C 94 HICCOUGHS.

A novel and very effective treatment for hiccough is to grasp the tongue between the thumb and forefinger (using a napkin), making first traction outward and downward; hold same for from 2 to 5 minutes and repeat as often as necessary to control the trouble.

C 95 NIGHT SWEATS.

In this condition, Aromatic Sulphuric Acid in 10 to 15 drop doses, well diluted with water at bedtime, no matter from what cause. It will do the work.